## Assisted Living Checklist

	Nebraska		
Questions to ask:	P.E.O. Home	#2	#3
Menu choices at each meal			
Complimentary morning and evening snacks			
Medications administered by certified staff			
Insulin administration by certified staff			
Personal care services, basic			
Housekeeping services provided at no extra charge			
Robust social activities provided throughout the day			
Weekend activities			
Free Direct TV Services			
Cozy seating on all levels			
Transportation to medical appointments, available at minimal charge			
Resident response call system			
24/7 assistance			
Weekly Yoga Class			
Heat and AC individually controlled in each apartment			
Security monitoring			
Kleenexes, toilet paper and paper towels available at no charge			
Beauty shop			
Weekly linen change, no additional charge			
Coffee bar and snacks			
Clean appearance			
Odor free			
Two Nu-Step exercise machines			
Onsite parking, no additional charge			
Post office services			
Full-size walk in shower			
Private dining room			
Whirlpool bath available twice weekly, at no extra charge			
Private Party Room available upon request, at no extra charge			
Onsite laundry available at no extra charge			
Covered porch and walking path to garden			
Complimentary Wi-fi			
Complimentary Journal Star and Beatrice Daily Sun newspapers			
Care levels for aging in place			