

October 2026

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

PLEASE REMEMBER THAT SHOPPING NEEDS SHOULD BE IN BY WEDNESDAY TO CINDY

10:00 Mail Call-1/1 1
11:30 Exercises
2:00 What's Cool about Fall
3:00 Mulled Cider/ Ginger snaps
6:00
NU Volleyball vs. Penn St. on Big 10 Network CH.610

2
10:00 Mail Call-1/1
11:30 T.V. Yoga
2:00 BINGO!
3:30 Drink Cart

3
10:00 Mail Call-1/1
11:30 Meditation and Music
3:00 **NU** vs Maryland Football on FS1
TBA **NU VB vs Penn**
1:00 Chapter HY visit
3:30 Drink Cart
6:00 Lawrence Welk
6:00 NU VB /BTN+

HAPPY BIRTHDAY
Greta

4
9:00 Catholic Church Channel 4
10:00 Methodist Church
10:00 Lutheran Church Channel 13
2:00 Kings Corner
2:00 Beatrice Orchestra
3:30 Drink Cart

5
10:00 Mail Call-1/1
11:30 Exercises
2:00 Let's Make Apple- Something!
3:30 Drink Cart

HAPPY BIRTHDAY
Amy

6
10:00 Mail Call-1/1
11:30 Meditation and Music
2:00 Weather permitting – Porch
3:30 Drink Cart

7
10:00 Mail Call-1/1
11:30 TV Yoga
2:00 Wine/Cheese/ Halloweens Past
3:30 Drink Cart

HAPPY BIRTHDAY
Becca

8
10:00 Mail Call-1/1
11:30 MorningStretch
2:00 Poetry
3:30 Drink Cart

9
10:00 Mail Call-1/1
11:30 Exercises
2:00 BINGO!
3:30 Drink Cart

10
10:00 Mail Call-1/1
11:30 Meditation/Music
Nu Football vs Indiana 11:00
2:00 UNO
3:30 Drink Cart
6:00 Lawrence Welk

9:00 Catholic Church Channel 4 10:00 Methodist Church 10:00 Lutheran Church Channel 13 2:00 Yahtzee 3:30 Drink Cart	11 10:00 Mail Call-1/1 11:30 Massages 2:00 World Travels w/ Christopher Columbus and personal travels 3:30 Drink Cart HAPPY BIRTHDAY Kylee E.	13 10:00 Mail Call-1/1 11:30 T.V. Yoga 2:00 Music w/Chad 3:00 Resident Mtng.	14 10:00 Mail Call-1/1 10:00 Chapter IT w/ tour and visit 11:30 Exercises 11:30 Methodist visit 2:00 Piano w/ Karen 3:00 Refreshments	15 10:00 Mail Call-1/1 11:30 Morning Stretch 2:00 Fall Craft 3:30 Refreshments	16 10:00 Mail Call-1/1 11:30 Exercises 2:00 BINGO! 3:30 Drink Cart HAPPY BIRTHDAY Chelsea	17 10:00 Mail Call-1/1 11:30 Meditation/music 2:00 TBA Activity w/ Cindy 3:00 Drink Cart 6:00 Lawrence Welk TBA NU VS Oregon Football
18 9:00 Catholic Church Channel 4 10:00 Methodist Church 10:00 Lutheran Church Channel 13 2:00 UNO w/ Cindy 3:00 Drink Cart	19 10:00 Mail Call-1/1 11:30 Morning Stretch 2:30 Art –paint etc.. 3:30 Drink cart	20 10:00 Mail Call-1/1 11:30 Exercises 2:00 Movie TBA w/ Popcorn 3:30 Drink cart HAPPY BIRTHDAY Kinzie	21 10:00 Mail Call-1/1 11:30 TV Yoga 2:00 Scrabble 3:30 Drink cart	22 10:00 Mail Call-1/1 11:30 Massages 2:30 Show and Tell 3:30 Drink Cart 7:00 NU Volleyball	23 10:00 Mail Call-1/1 11:30 Meditation/ Music 2:00 BINGO !! 3:30 Drink Cart HAPPY BIRTHDAY Sue	24 10:00 Mail Call-1/1 11:30 Meditation/music 2:00 Connect 4 3:30 Drink Cart
25 9:00 Catholic Church Channel 13 10:00 Methodist Church 10:00 Lutheran Church Channel 13 2:00 Dominoes 3:00 Drink Cart	26 MONSTER MONDAY 10:00 Mail Call-1/1 11:30 TV Yoga 2:30 Monster build w/ Staff 3:30 Drink Cart Wear monster shirt/or Monster hair	27 TRICK OR TREAT TUESDAY 10:00 Mail Call -1/1 11:30 Exercises 2:00 Wine, Meat/Cheese & Trivia 3:30 Drink Cart Wear orange /black	28 WITCHY WEDNESDAY 10:00 Mail Call-1/1 11:30 Meditation/ Music 2:00 Halloween Cauldron Witch Hat Day	29 THRILLER DAY 10:00 Mail Call-1/1 11:30 Thrilling Stretches 2:00 TRICK OR TREATORS 3:30 Drink Cart Dress like the 80's 4:30-5:30 Trick/Treaters	30 FREAKY FRIDAY 10:00 Mail Call-1/1 11:30 Freakish Massages 2:00 HALLOWEEN BINGO AND PARTY !! Halloween Costume HAPPY BIRTHDAY Joyce	31 HAPPY HALLOWEEN !! 10:00 Mail Call-1/1 11:30 Meditation/music 2:00 Movie Hocus Pocus NUvs Washington TBA 3:30 Coffee 6:00 Lawrence Welk